MONEY AS A GOOD SERVANT A GENTLE GUIDE TO HELP YOU TRACK YOUR INCOME, PRIORITISE YOUR ESSENTIALS AND REFLECT ON YOUR SPENDING, WITH GRACE, NOT GUILT.

Monthly income Tracker

Source of income	Amount	Date received	Notes
Total Income			

Essentials First

Expense Category	Amou nt	Due Date	Paid	Notes
Total Essent ials				

Non Essentials & Extras



Item/Act ivity	Amount	Priority	Notes
Total Extras			

Reflection & Reset

- What surprised me this month?
- What can I adjust next month?
- What am I proud of financially?
- What do I want to learn or improve

Affirmation:
"I am worthy of financial peace."

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